

Trauma and Mind Control

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Introduction: The last years have witnessed collective traumatic events as well as the review of literature and historical events regarding a ubiquitous topic called mind control, brainwashing, psychological torture, coercive persuasion, thought control, thought reform, and forced re-education.

Material and Methods: We have examined academic data regarding the impact of trauma on the individual, the status of dissociative disorder and we have carefully reviewed the new data regarding psychological modification intervention programs.

Results: In reviewing the literature on these delicate topics, the research methodology is essential. Since the relationship between a traumatic intervention, physical and/or psychological, and the consequences at the mental level is imprecisely defined or is conceptualized differently in various disciplines and research fields, a systematic review is difficult to outline and a final conclusion is difficult to formulate. There are certainly mental traumas, individuals, events and collective entities that produce traumas; there are also consequences at the level of groups and individuals, consequences that can be used in cognitive control. However, the data are burdened by the public emotion regarding these topics, the tendency to evade some aspects at the level of private or state organizations, misinformation and collective indignation. Longitudinally, the public and academic perspectives have changed, but the discussions in the public or academic sphere remain intense until now with ethical discussions that are currently emerging related to new technologies.

Conclusions: The reality of cognitive control through psychological trauma must be viewed honestly and known at academic and public levels.