

Lista publicațiilor: Zhao Jie (2), Descărcări - 8, Vizualizări - 569

Publicații peste hotare - 2 articole.

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Adaptive changes in bodybuilders in conditions of different energy supply modes and intensity of training load regimes using machine and free weight exercises

Chernozub Andrei, Manolachi Veaceslav, Tsos Anatolii, Potop Vladimir, Korobeynikov Georgiy, Manolachi Victor, Sherstiuk Liudmyla, Zhao Jie, Mihăilă Ion

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Changes in circumference sizes of bodybuilders using machine and free weight exercises in combination with different load regimes

Potop Vladimir, Manolachi Victor, Chernozub Andrei, Kozin Valentyn, Syvokhop Eduard, Spivak Antonina, Sharodi Vasyl, Zhao Jie

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