

Lista publicațiilor: Manolachi Victor Veaceslav (6), Descărcări - 33, Vizualizări - 1324

Publicații peste hotare, 2023 - 6

Adaptive changes in bodybuilders in conditions of different energy supply modes and intensity of training load regimes using machine and free weight exercises

Chernozub Andrei, Manolachi Veaceslav, Tsos Anatolii, Potop Vladimir, Korobeynikov Georgiy, Manolachi Victor, Sherstiuk Liudmyla, Zhao Jie, Mihăilă Ion

PeerJ

Nr. / 2023 / ISSN 2167-8359

Disponibil online 4 April, 2023. Descărcări-3. Vizualizări-298

Integral method for improving precompetition training of athletes in Mixed Martial Arts

Manolachi Victor, Chernozub Andrei, Tsos Anatolii, Potop Vladimir, Kozina Zhanneta L., Zoriy Yaroslav B., Shtefiuk Ivan

Journal of Physical Education and Sport

Nr. / 2023 / ISSN - / ISSN 2247-8051

Disponibil online 19 August, 2023. Descărcări-24. Vizualizări-373

Changes in circumference sizes of bodybuilders using machine and free weight exercises in combination with different load regimes

Potop Vladimir, Manolachi Victor, Chernozub Andrei, Kozin Valentyn, Syvokhop Eduard, Spivak Antonina, Sharodi Vasyl, Zhao Jie

Health, Sport, Rehabilitation

Nr. / 2023 / ISSN 2520-2677 / ISSN 2520-2685

Disponibil online 18 August, 2023. Descărcări-5. Vizualizări-254

Modeling the correction system of special kick training in Mixed Martial Arts during selection fights

Manolachi Victor, Chernozub Andrei, Tsos Anatolii, Syvokhop Eduard, Marionda Ivan, Fedorov Stanislav, Shtefiuk Ivan, Potop Vladimir

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Disponibil online 11 October, 2023. Descărcări-1. Vizualizări-203

The Study Regarding the Training and Evaluation Process of the Female Judokas Training Level

Manolachi Veaceslav, Delipovici Irina, Manolachi Victor

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Disponibil online 10 March, 2024. Descărcări-0. Vizualizări-38

Loads optimization mechanisms in strength training in mixed martial arts

Shtefiuk Ivan, Savenko Andrii, Manolachi Victor, Chernozub Andrei, Fedorov Stanislav, Marionda Ivan, Syvokhop Eduard

Actualities and Perspectives of Physical Education and Sport Sciences

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Disponibil online 11 March, 2024. Descarcări-0. Vizualizări-158



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