

2024 - 1

Correlation between load volume and indicators of adaptive body changes in untrained young men participating in fitness

Chernozub Andrei¹, Hlukhov Ivan², Drobot Kateryna², Synytsia Andrii³, Rymyk Roman³, Pyatnychuk Halyna³, Leshchak Oleksandr³, Malanyuk Lyubomyr³, Potop Vladimir⁴⁵

¹ Lesya Ukrainka Eastern European National University,

² Kherson State University,

³ Vasyl Stefanyk Precarpathian National University,

⁴ University Politehnica of Bucharest,

⁵ State University of Physical Education and Sport

Journal of Physical Education and Sport

Vol. 24, / 2024 / ISSN - / ISSN e 2247-8051

Disponibil online 18 March, 2024. Descarcări-2. Vizualizări-159



Copyright © 2011-2024 Instrumentul Bibliometric Național.

Institutul de Dezvoltare a Societății Informaționale.

Actualizat: 17.05.2024, accesat: 17.05.2024

Disponibil: <https://ibn.idsi.md>

